

Looking to get more involved in your child's education but not sure where to start?

Check out this list of seven tips we've compiled just for you!

1. Develop a strong relationship with your child's teacher.

Even if you don't see your child's teacher in person often, staying in touch with he or she is important for your child's academic success. Don't be afraid to email the teacher or set up a meeting when you have questions or concerns. Building a strong support system is key to setting your student up for success!

2. Have realistic expectations.

As a parent, you know your child has unique strengths and weaknesses. While getting straight A's might be a realistic goal for one child, it might not be reasonable for another. Knowing where your child is academically and helping them set attainable goals is a huge part of helping your child be the best student he or she can be!

3. Get help when it's needed.

Whether your child needs help catching up in reading or just wants to get ahead, <u>Sylvan Learning</u> can help! Sylvan takes a personal approach to learning by determining your child's exact academic needs and attitudes

toward learning, rather than assuming your child's ability based on age and grade. At Sylvan, the teachers are more than just tutors – they're experts at connecting with students and motivating them to thrive.



4. Utilize teachers and school resources.

Schools offer plenty of free help and support if your child needs an individualized learning plan. After-school homework help and counseling are great tools to help your child stay on track if needed!

5. Develop a schedule that works with your child.

Kids thrive when they have a balanced schedule of enough sleep, exercise, downtime and quiet time to read and do homework. Work with your kids to come up with a schedule that works for everyone involved, then try to stick to it!

6. Practice goal setting.

It's easier for children to achieve their goals when they set specific goals and know what steps they need to take to reach them. Sit down with your child and help them write out his or her education goals. Then, discuss with your child a plan for how he or she can achieve them. Keep the list active, checking off achievements and updating check points!

7. Inspire your child to want to learn.

Learning can get a bad reputation with kids. For some children, school is difficult, homework is tedious and worksheets are painful. Restore your child's interest in learning by making it fun again! Research fun experiments to do with your kids, find books that make them laugh out loud and get them involved with STEM (science, technology, engineering and math). Sylvan's STEM programs challenge kids to master critical skills for the future, while inspiring them to have fun by including handson experience.



Try adding some of these tips into your routine and see how it positively changes your child's outlook on their education. And don't forget that Sylvan is here to support you and your child throughout his or her academic journey!

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